

INSTRUCTIONS



AUDUBON

Orthotic & Prosthetic Services

The first day of donning the device will be used for only two hours, and double the time of use each day for at least one week.

This wear schedule may vary depending on the type of orthosis.

1

Do not exercise for example: running, jumping for the first week of use. Keep to a light schedule while breaking in the device.

2

It is normal to have some irregular pressure from the orthotic device, but not significant pain or skin breakdown.

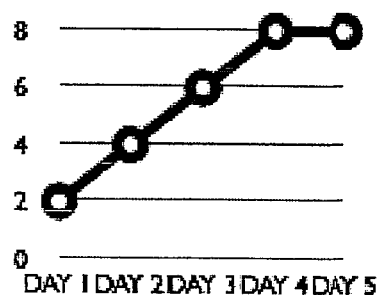
3

If skin breakdown does occur or the orthotic device cannot be tolerated discontinue use and contact our office for an appointment.

A GUIDE FOR ORTHOTIC USE

This is a basic instructional guide to help you through your initial orthotic use.

Your safety is our utmost concern. Many orthotic devices vary in type and function. Orthotic devices are designed to either stabilize or correct a part of the anatomy. It creates external forces on the soft tissue of the body. When these forces are next to the skin there will be a tendency for skin irritation or even breakdown. The skin has to be monitored daily for excessive pressure, skin irritation and breakdown. Some redness is acceptable, which is due to the corrective force pressure. If it becomes bright red, painful and does not go away within one hour of removal of the orthotic device, do not reapply the device. Please contact our office. Some people are insensate meaning that individuals cannot feel the pressure or if the skin breaks down. It is very important that these individuals take extra care of their skin. It is important that the device is cleaned regularly to avoid bacterial build-up. The orthotic material structure has limitations, so if the device is exposed to excessive temperatures or abuse the device has a higher probability of failure.



WEAR SCHEDULE

MODIFICATION OF ORTHOTIC DEVICE

It is not uncommon for the device to be modified for the individual. The practitioner will modify the device if it is necessary. You will have a ninety-day period for modifications and adjustments at no additional cost. After the ninety-day period there will be a charge for the service. If the adjustments and modifications are not provided by one of our practitioners this may void the warranty.

If you have any problems with your device, please make an appointment. You may also call one of our practitioners to address your concerns and questions.

(719) 867-7335